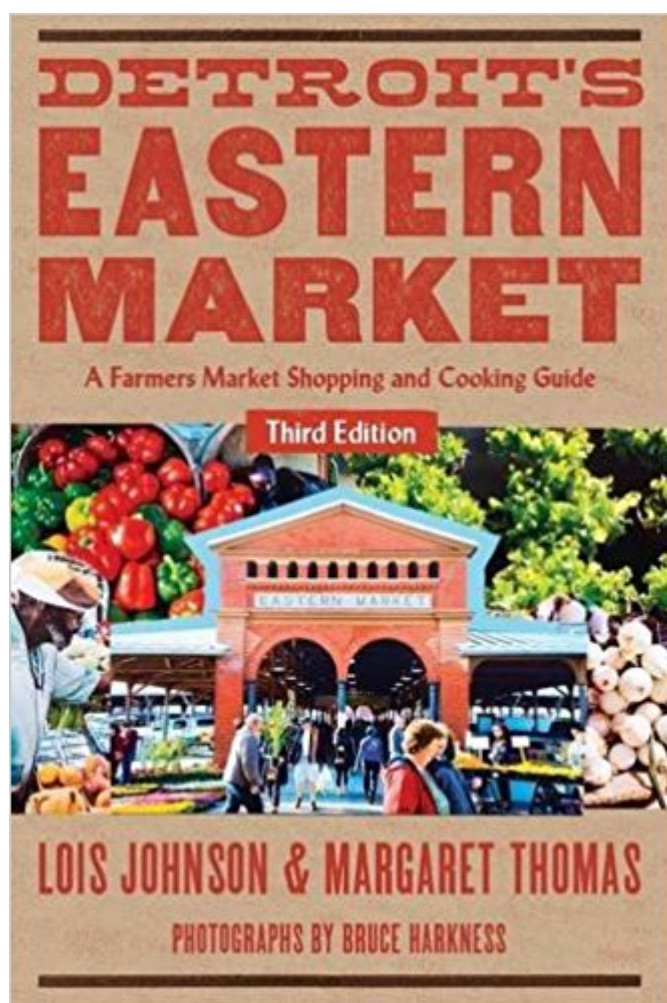


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# Detroit's Eastern Market: A Farmers Market Shopping And Cooking Guide, Third Edition (Painted Turtle)



## Synopsis

Since 1887, Detroit's Eastern Market, the largest open-air market of its kind in the United States, has been home to an amazing community of farmers, merchants, and food lovers. Specialty shops, bakeries, spice companies, meat and poultry markets, restaurants, jazz caf s, old-time saloons, produce firms, gourmet shops, and cold-storage warehouses cover Eastern Market's three square miles. Its many streets and vendors reflect the varied cultures and ethnicities that have shaped the city of Detroit. In this third edition of Detroit's Eastern Market, authors Lois Johnson and Margaret Thomas recount the history of the market with additional stories and personal accounts of families who have worked and shopped there for as many as four generations. The authors have updated store information and added new restaurants and businesses to their original listings, reflecting the changes and additions that have taken place in Eastern Market since the previous edition in 2005. Richly illustrated with all new photos, Detroit's Eastern Market features more than a hundred pages of delightful recipes (including 17 new ones) from market retailers, farmers, chefs, and customers.

## Book Information

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## Customer Reviews

An updated guide to Detroit's renowned open-air farmers market, featuring stories and recipes from four generations of families, with new information, photos, and recipes.

Lois Johnson is an obsessive cook, always planning a menu, and Eastern Market has been her grocery store for forty years. After experiencing the pleasures of open-air shopping all over France

and utilizing the wonderful and oldest market in England at Norwich, where else in Detroit could she go but Eastern Market? Margaret Thomas moved to Detroit from Florida in 1994 and quickly fell in love with Eastern Market. Although not an obsessive cook, she swoons at the sights and smells of a fine meal. Living in the market area, she shops there several days a week, calling a greeting to everyone in the market, most by name, often stopping to chat about their families. A city person through and through, she thrives on the color and ambiance the market exudes. Bruce Harkness received his BFA in photography from the Center for Creative Studies in 1979 and his MFA in photography from Wayne State University in 1982. He is the recipient of numerous grants including a 1987 Creative Artists Grant from the Michigan Council for the Arts and a 1978 Regional National Endowment for the Arts Grant.

This a great little book. It gives some history of Eastern Market, details some of the sellers and products you find, and also offers up some recipes that feature local ingredients. A good companion for anyone who shops regularly at Eastern Market, as well as a great introduction to those who have never gone down there.

Sure, Margaret Thomas is a good friend of mine, but I can still manage to be objective. This is a really great book. Set out as a walking guide to the Market, the text is clear and informative, but maintains a friendly, informal style, just as if you are walking along with the authors in the Market. You will learn about the Market's nearly 200 year history, meet the store owners and get some great recipes while on your "walk". Of course, all the ingredients can be found right in this open air marketplace. Michigan is a four season state, and this market is open in all seasons, not just summer. A section featuring 8 full menus is organized by seasons-A spring Mediterranean feast features lamb, summer brings fresh salads, autumn has satisfying soups, and a winter highlight is veal scaloppine. In the index, you will also find individual recipes from appetizers to vegetables (more than 25 unique offerings for vegetables alone) The recipes come from shop owners, employees, farmers, dealers, shoppers and restaurant owners, as well as the authors themselves. Wonderful color photos by Bruce Harkness capture the hustle and bustle of the Eastern Market, and spotlight fresh Michigan Produce. Like the market itself, this book is "highly useful, convenient and beneficial".

I also as the first reviewer know the authors Lois Johnson and Margaret Thomas. Their approach to writing to me is as fresh as the produce found in the market. I was extremely lucky recently to be

part of a tour of the market led by them. Their enthusiasm for the subject is very evident first hand as is their obvious repore with the traders who generally greet the authors with smiles and hugs. The whole experience I felt was very worthwhile as is reading the book. It has become a stock "Detroit" gift, when I go back to England I take copies for my family and friends who delight in this little piece of Americana.

Margaret Thomas and Lois Johnson did a splendid job writing "Detroit's Eastern Market". I found the book a delight because I not only shopped there many times but when I was a young I sold produce there grown on my Uncles farm in Northville, MI.. I tried some of the recipes and again I was very impressed. I concenter myself a friend of Margaret and hope to have my copy of her book signed soon and cook a dish from the book for her too.

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